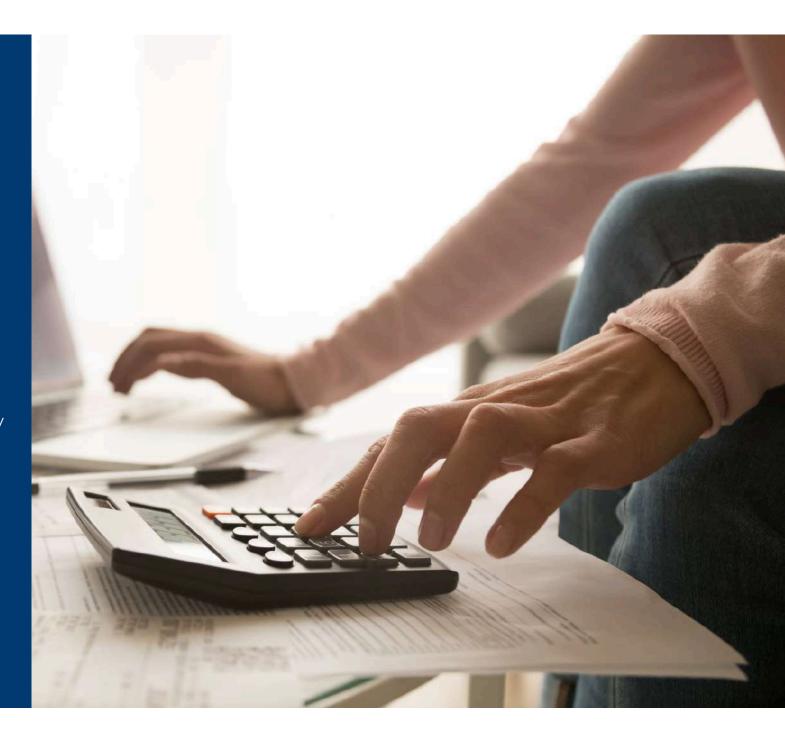




survey results 2023.

The research for WEALTH at work was carried out online by Opinion Matters throughout 25/08/23 to 30/08/23 amongst a panel resulting in 1,019 full time UK workers responding.



section 1.

financial wellbeing at work.



section 1: thinking about your financial wellbeing which of the following have you experienced in the workplace this year if any?



23%

of fulltime workers in the UK have struggled to concentrate at work this year because of money worries 16%

have incurred debts for the first time in their professional lives this year (excluding mortgage debt) 15%

say their productivity at work has decreased this year because of financial concerns section 1 continued...

12%

have asked for a pay review at work this year

11%

have shared financial concerns with their employer this year

8%

have had to take time off work this year because of money worries



section 2.

personal financial issues.



section 2: thinking about your financial wellbeing, which of the following have you experienced personally this year, if any?

28%

of fulltime workers in the UK have lost sleep this year over money worries

18%

have had an argument with a family member or friend about money this year 26%

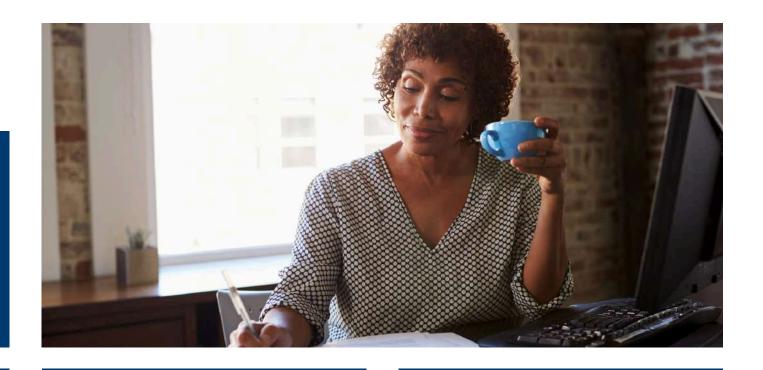
have felt embarrassed by money worries this year



section 2 continued...

12%

have sought help from a health professional because of stress caused by their financial situation this year



17%

have felt motivated by money worries

18%

have been reduced to tears this year by money worries

17%

have felt too proud to talk about financial concerns this year

section 3.

support from employers.



section 3: when it comes to getting help to understand your finances, how supported, if at all, do you feel by your workplace?



41%

don't feel supported by their workplace



contact us.

wealthatwork.co.uk 0800 234 6880

